

# Student Survey 2024 Regional Findings

#### Who we are

• Mission: PreventionFIRST! implements best practice strategies to reduce the risk of behavioral health disorders.

• It is our vision that all communities apply prevention strategies in every stage of life.

 We serve the tri-state region where Ohio, Indiana, and Kentucky converge, and work on many statewide projects in Ohio.

## Our Prevention Approach

- Ensure data-driven decision making.
- Support community engagement.
- Implement evidence-based prevention by building & strengthening capacity across community sectors.
- Strengthen the prevention workforce and infrastructure by providing training, technical assistance, & mentoring.



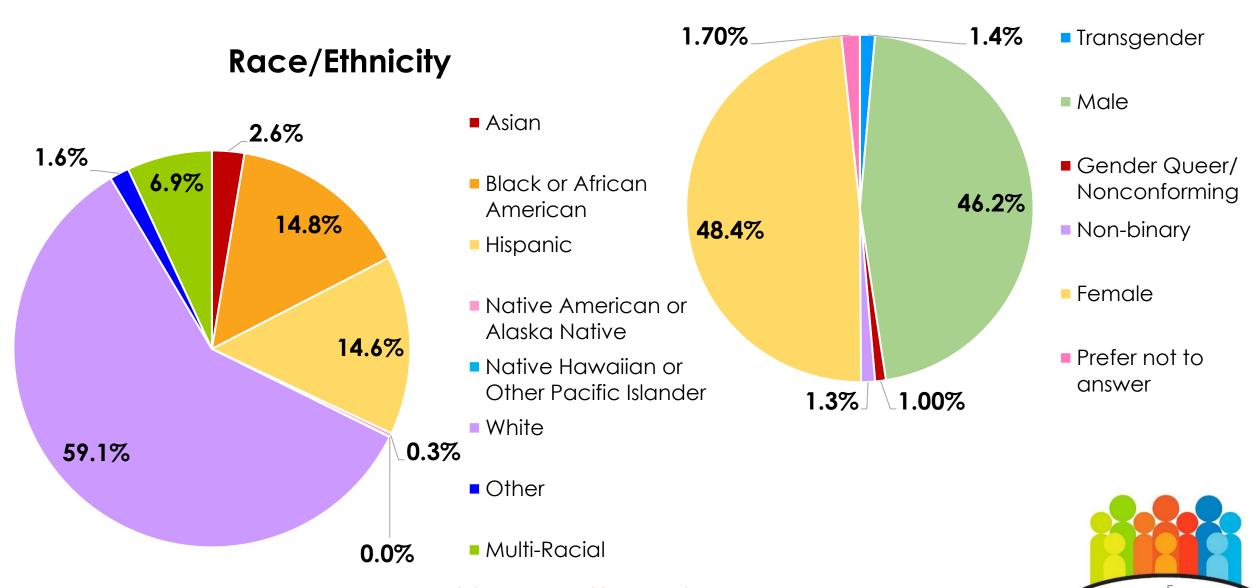
## **Survey Methodology**

- Modified version Pride Surveys' questionnaire
- Administered every two years 13th cycle since 2000
  - Collected September 18, 2023 December 15, 2023
- Both online and paper versions
- 15,756 seventh through twelfth-grade students from 38 schools completed the survey.
- Respondents from public & private schools across 3 counties in southwest Ohio.



## Demographics

#### Gender



#### **Definitions**

- Alcohol: Beer; Liquor; Coolers, hard lemonade, hard seltzers etc.
- Tobacco: Cigarettes; Smokeless Tobacco; Cigars, Cigarillos or Little Cigars
- Marijuana: Weed, Pot, Kush, etc.
- Prescription Drugs: Pain medication; Stimulant; Sleeping medication; Sedative/Anxiety
- Vaping: Electronic Vapor Product, E-cigarettes, Vaping Pens, E-cigars, E-pipes, Vape pipes, E-Hookah, Hookah Pens, etc.

#### **Definitions**

- Risk Factors: characteristics at the biological, psychological, family, community, or cultural level that precede and are associated with a higher likelihood of negative outcomes.
- **Protective Factors:** characteristics associated with a lower likelihood of negative outcomes or that reduce a risk factor's impact. Protective factors may be seen as positive countering events.



## **Understanding Your Report**



#### Sections

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- Demographic Information: Page 7 and Page 8
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- Risk and Protective Factors: Page 11
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- Core Measures Break Out: Page 337 (page 309 if SOGI removed)



## 2024 Substance Use Results & Trends

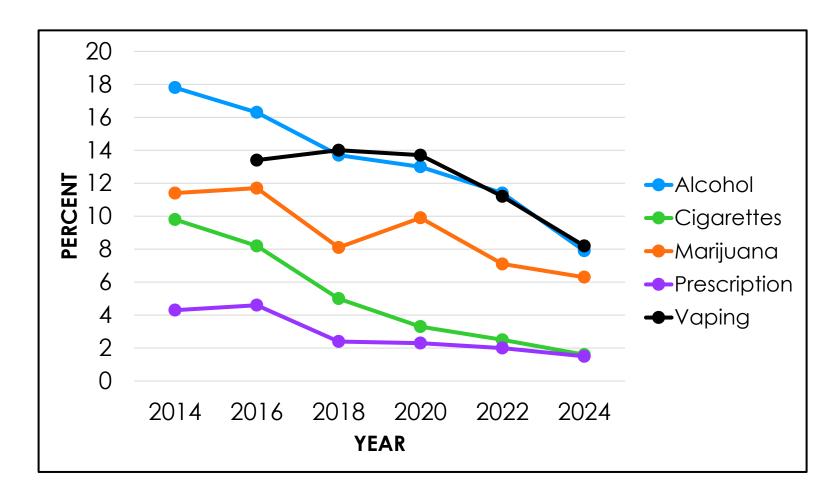


### Prevalence of Use

2024 Student Survey	During the past 30-Days
Vaping	8.2%
Alcohol	7.9%
Marijuana	6.3%
Cigarettes	1.6%
Prescription Drugs	1.5%



## 30-Day Use of Alcohol, Cigarettes, Marijuana, Prescription Drugs and Vaping





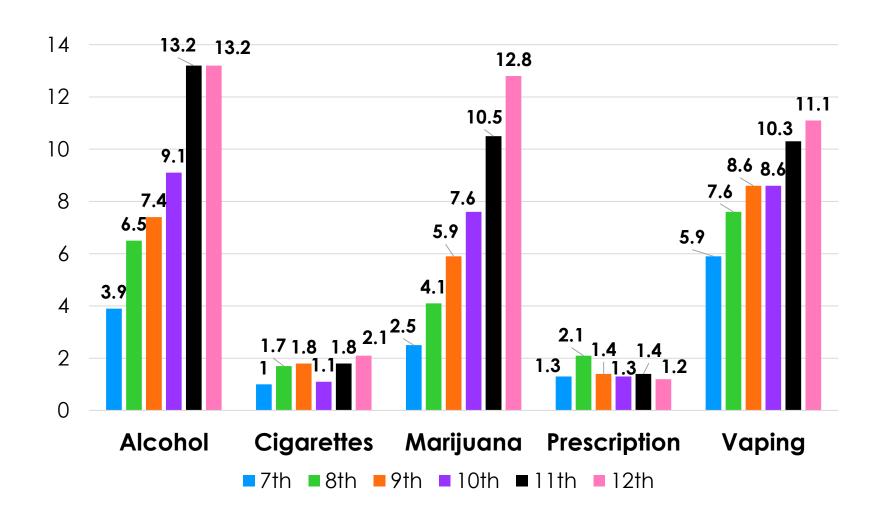
## National Comparison of 12th gr.

30-Day Use	Student Survey 2024	National* 2023
Vaping	11.1%	16.9%
Alcohol	13.2%	24.3%
Marijuana	12.8%	18.4%
Cigarettes	2.1%	2.9%
Prescription Drugs	1.7%	2.0%

<sup>\*</sup>National data is taken from Monitoring the Future



## Past 30-Day Use By Grade



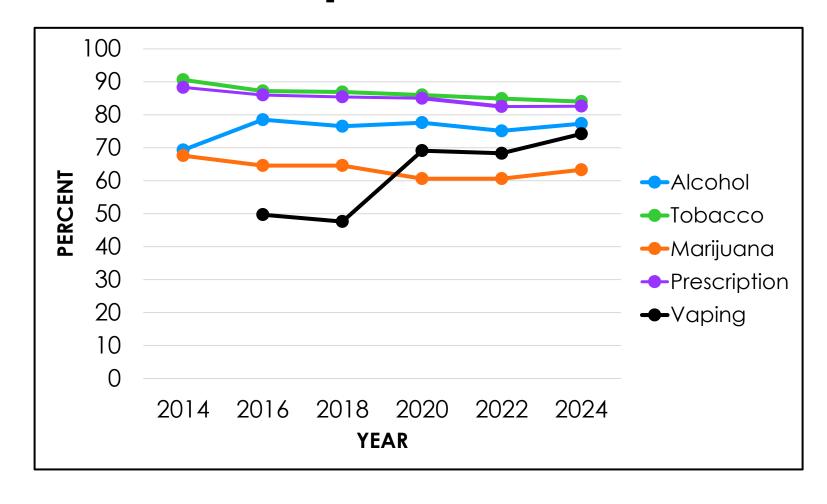


## Perception of Harm

2024 Student Survey	Moderate/Great Risk
Alcohol	77.3%
Tobacco	84.0%
Marijuana	63.3%
Prescription Drugs	82.6%
Vaping	74.2%



## Perception of Harm



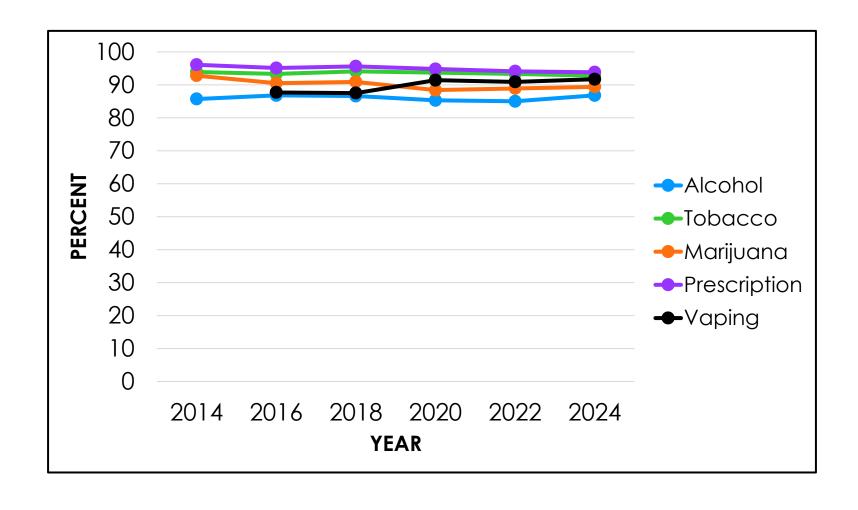


## Perception of Parental Disapproval

2024 Student Survey	Wrong/Very Wrong
Alcohol	86.8%
Tobacco	92.8%
Marijuana	89.4%
Prescription Drugs	93.8%
Vaping	91.7%



## Perception of Parental Disapproval



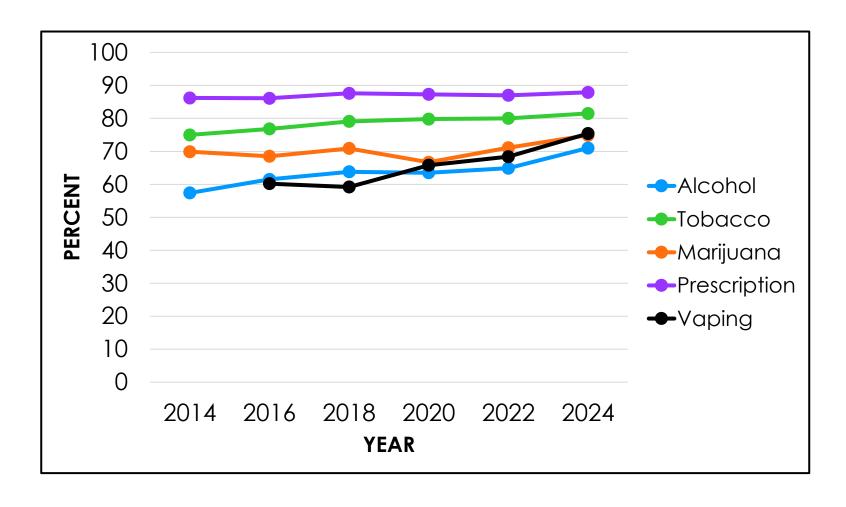


## Perception of Friend Disapproval

2024 Student Survey	Wrong/Very Wrong
Alcohol	71.0%
Tobacco	81.5%
Marijuana	74.9%
Prescription Drugs	87.9%
Vaping	75.4%



## Perception of Friend Disapproval



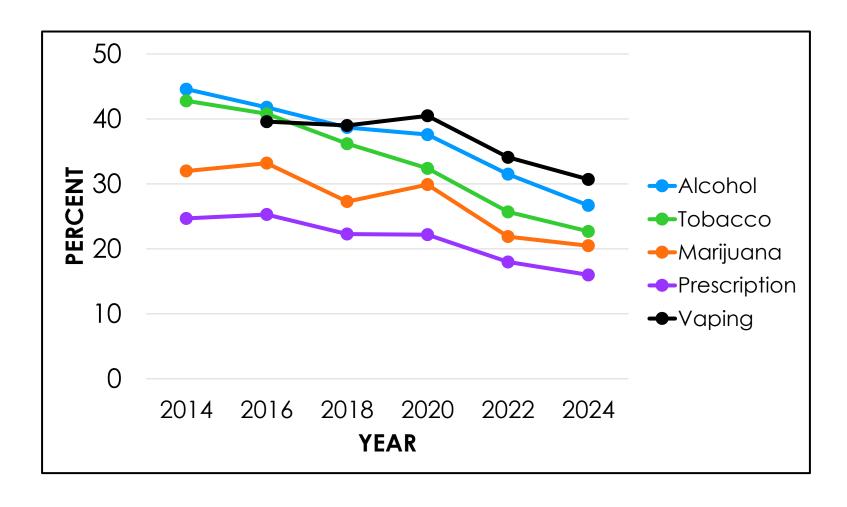


## Perception of Availability

2024 Student Survey	Fairly Easy/Very Easy
Alcohol	26.7%
Tobacco	22.7%
Marijuana	20.5%
Prescription Drugs	16.0%
Vaping	30.7%



## Perception of Availability





#### 2024 Mental Health & School Climate



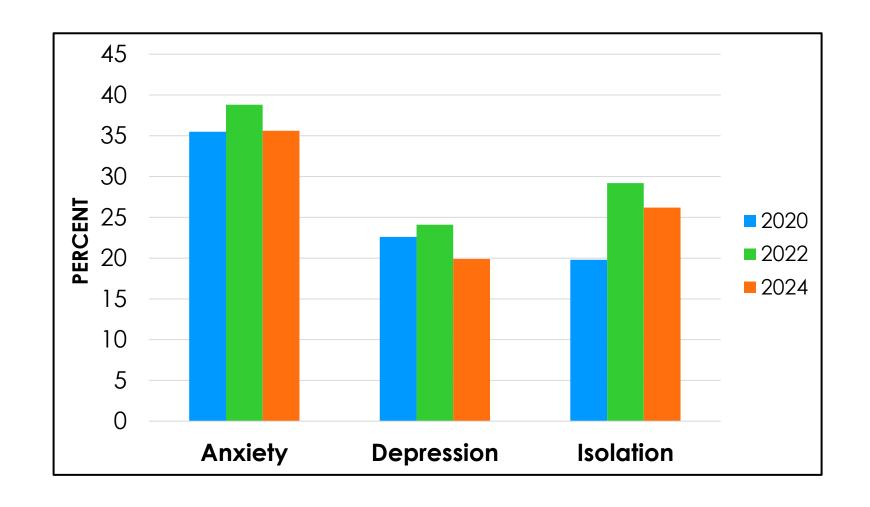
#### **Mental Health Markers**

2024 Student Survey	All/ Most of the Time
Anxiety	35.6%
Depression	19.9%
Isolation	26.2%

	Often / A lot
Suicide Ideation	7.9%

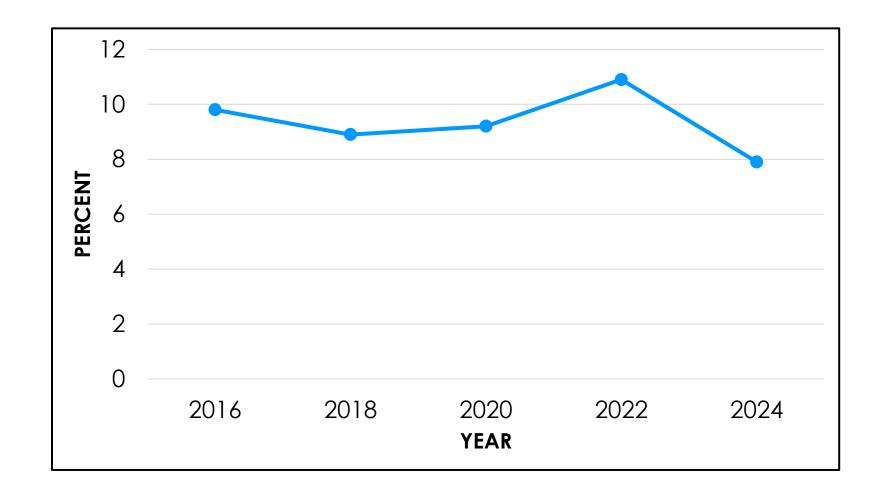


#### **Mental Health**





#### Suicide Ideation



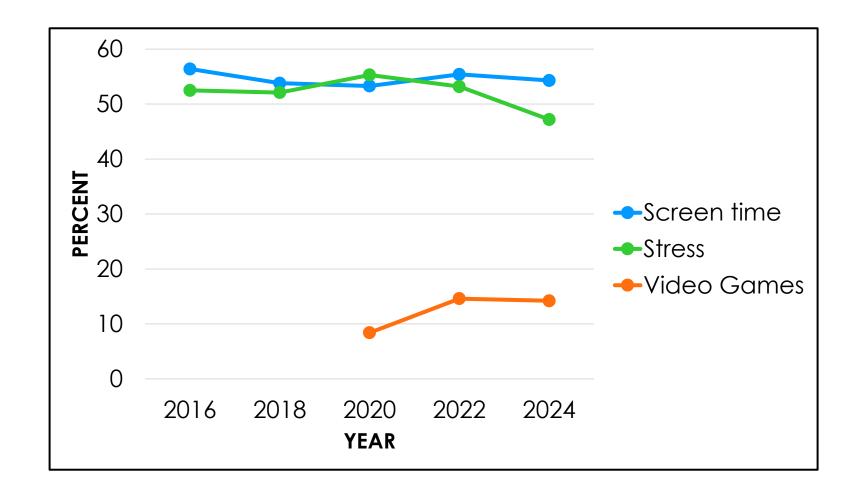


#### **Mental Health Continued**

2024 Student Survey	Often / A lot
Stress	47.2%
Treated badly/ unfairly due to Race or Ethnicity	8.7%
Screen time	54.3%
Video games affected school / work	14.2%



#### **Mental Health Factors**



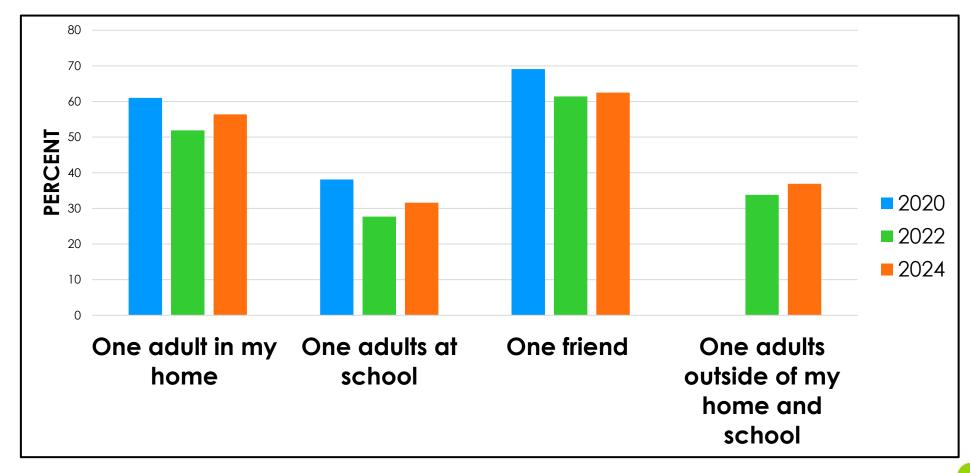


## I can discuss my personal problems with...

2024 Student Survey	Often/ A Lot
One adult in my home.	56.4%
One adult at school.	31.6%
One friend.	62.5%
One adult outside of my home and school.	36.9%



#### **Personal Problems**



#### **Emotional Resilience**

2024 Student Survey	Often/ A Lot
Can pull yourself out of a bad mood	42.0%

	Somewhat/ Definitely True
My emotions cause problems in my life at school.	30.7%



## Sleep

Where Do You Usually Sleep?	
Parents' or Guardians' Home	97.0%
Friend, Family Member, or Other Person's Home	2.3%
Shelter of Emergency Housing	0.0%
Motel/Hotel	0.1%
Car, Park, Campground, or other Public Place	0.1%
No Usual Place to Sleep	0.2%
Somewhere Else	0.3%

37.8% of Students reported getting8 or more hours of sleep

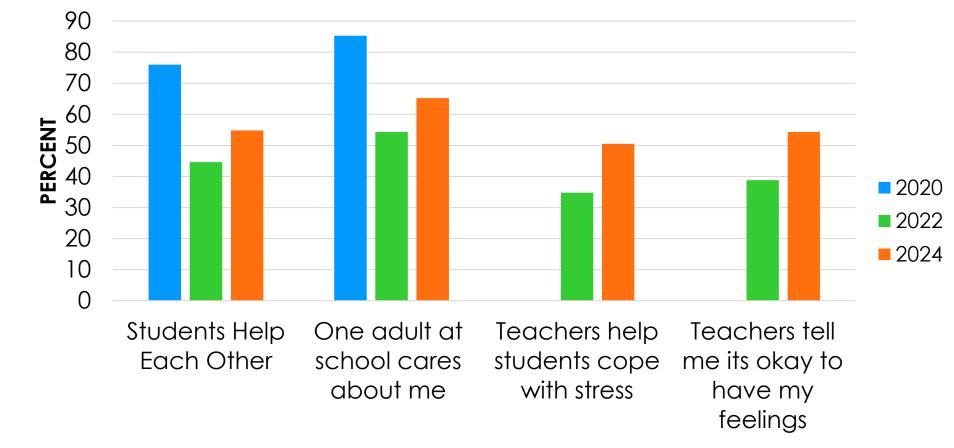


#### **School Climate**

2024 Student Survey	Somewhat/ Definitely True
Students help each other when they are hurt or upset.	54.8%
At least one adult in my school really cares about me.	65.2%
Teachers help students cope with stress.	50.5%
Teachers in our school tell me that it's okay to have my feelings.	54.3%



#### **School Climate Trends**





## **Next Steps**



#### What Can We Do With You

- One page summaries
- Presentations
  - Parents
  - Students
  - School Boards
  - Staff Meetings
- 1:1 Administration Meetings



#### How can we do better?

- Registration process
- Administering the Survey
- Accessing your online data report
- Navigating your data report
- Question Changes/ Suggestions



### Questions

Thank you for participating in this important survey

Thank you to our partners who helped to fund the survey

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